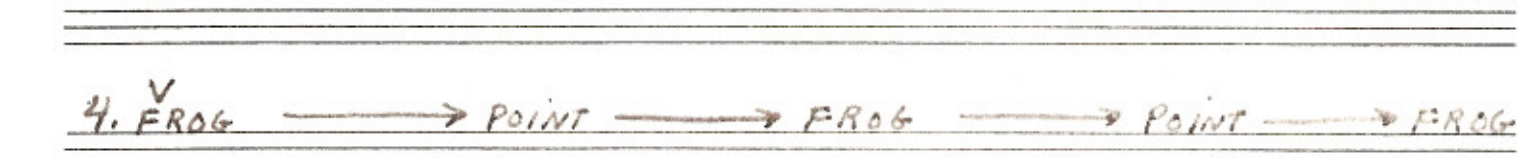
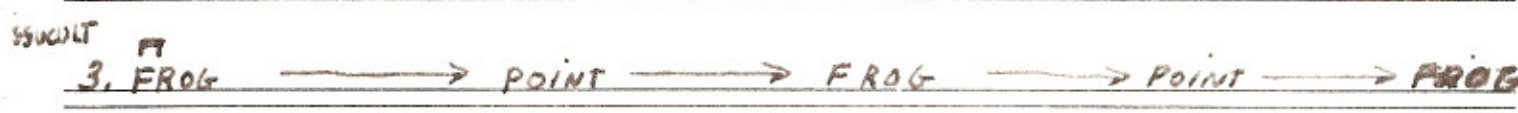
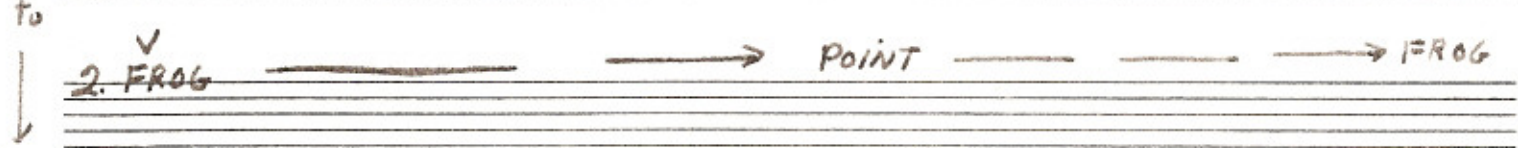


# PROGRESSING-ALTERNATING BOWING

Legato }  
 Staccato } MOTIONS  
 Spiccato }



## Other Ways to Practice

A. Use Nos. 1 (no slurs), 3a., 5, 6 + 7 from the 10 Ways to Practice.

### NOTE:

This Exercise (from the 10 Ways to Practice) is a valuable one for its application to musical passages.